

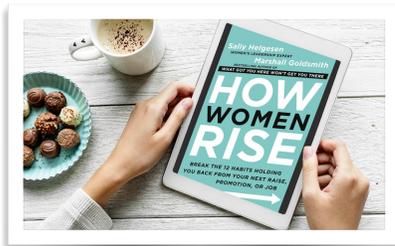


Themes

The themes that will guide the CASS Women in Leadership (WiL) committee:

- * *Communication & Engagement*
- * *Professional Learning*
- * *Research & Education*
- * *Mentorship*
- * *Partnerships & External Connection*
- * *Wellness*

BOOK STUDY 2023/24



How Women Rise: Break the 12 Habits Holding You Back from Your Next Raise, Promotion, or Job.

Leadership experts Sally Helgesen and Marshall Goldsmith have identified 12 habits that may hinder women's progress as they strive to advance. They shed light on why strategies that served them well in the past might inadvertently impede their future success. For additional information about the authors, book reviews, and links to supplemental materials, please visit <https://www.howwomenrise.com/>.

We are thrilled to invite you to our upcoming book study, facilitated by Kimberly Frykas, where we will delve into the

captivating world of "How Women Rise: Break the 12 Habits Holding You Back from Your Next Raise, Promotion, or Job." Be sure to mark your calendars for the following dates and times:

- November 30th, 3-4pm
- February 7th, 3-4pm
- March 18th, 3-4pm

Those wishing to participate are asked to register before **November 24, 2023** by completing WiL's [Book Study Sign Up](#). Copies of the book are available for purchase on Amazon, Indigo and directly through Sally Helgesen's website. This promises to be an enriching journey, filled with insightful discussions and a deeper understanding of the book's themes.

Featured Resources

Kairos Canada Women of Courage Podcast

This podcast series offers an effective and accessible platform for showcasing the voices and efforts of various partners. These partners include women-led human rights organizations, women peace builders, land defenders, and environmental activists. They engage in discussions on contemporary and emerging issues related to gender equality and ecological justice, as well as future priorities for transformative feminist strategies.

You can tune in to the podcast using any web browser on your laptop. The podcast series is also accessible on all major audio podcast platforms. Furthermore, transcripts for each podcast are available in English, French, and Spanish.



Zone Updates

WiL updates will be provided by Zone representatives at Zone CASS meetings.

WiL is on Twitter

Join our membership in celebrating and promoting Women in Leadership. The WiL committee can be found on Twitter @CASSWiLAlberta. Follow us as we continue to share stories of inspirational women. #CASSWiLAlberta #inspirationalwomen

Resources

The committee will share research, stories of practice, recommended articles, and resources. If you have any recommendations, please forward them to: lothianc@holyspirit.ab.ca

The outcomes of the committee will be to: mentor, inspire, celebrate, and increase representation of female leaders in education in Alberta school authorities by:

- *Providing inspirational and mentorship-based initiatives;*
- *Creating a collegial professional learning network for female system leaders to meet, learn from and support one another;*
- *Learning together with Indigenous women in education leadership positions;*
- *Promoting awareness of gender equity research.*

Upon approval from the Board, the committee shall include two representatives from each zone and representatives from First Nations school authorities. Representatives shall be appointed for a term of two years and may be reappointed.

Committee Members **2023-2024**

- Chair:** Katie Graham (Zone 6)
Past Chair: Laurie Kardynal
Zone Representatives:
 Kimberly Frykas (Zone 1)
 Shelley Willier (Zone 1)
 Catherine Coyne (Zone 2/3)
 Corrine Thorsteinson (Zone 4)
 Kathleen Kostiuk (Zone 5)
 Laurie Copeland (Zone 5)
 Crystal Lothian (Zone 6)

Indigenous Representative:

Board Representative:
Krimsen Sumners

CASS Representative:
David Keohane - CEO